



ISABEL

BREAKFAST MENU



@ISABELMAYFAIR

PANES Y CROISSANTS

toast £3

poilane • *sourdough* • *Isabel buckwheat*

croissant £2

pain au chocolat £3

croissant aux amandes £3

cinnamon brioche £3

FRUTOS Y CEREALES

✦ summer fruit • coconut yoghurt • roasted nuts • flax • lime £6

pinhead oatmeal porridge • toasted seeds • apricot compote £5

organic pink grapefruit £5

açaí bowl • mango • bee pollen £6

MESADA £12

breads & croissants

✦ greek yoghurt • coconut yoghurt

Isabel granola

✦ summer berries

✦ citrus salad • pomegranate

grains & roasted nuts

DESAYUNO ISABEL

soft boiled eggs • soldiers £6

French toast • raspberries • wild honey £13

Isabel full breakfast £15

eggs of choice • smoked bacon • morcilla • tomato • mushrooms

EN AREPAS

✦ poached eggs • avocado • pickled chilli £10

✦ scrambled eggs • smoked salmon £6

roast mushroom • taleggio £8

smoked trout • fried egg • spinach £10

ACCOMPAÑAMIENTOS Y OTROS

✦ eggs of your choice £3

✦ smoked salmon • smoked trout £5

✦ grilled bacon £4

breakfast chorizo £4

morcilla £4

✦ roast tomato £3

avocado • chilli £8

✦ refers to lactose, sugar and gluten free (ask for buckwheat melba toast) | vegan (ve) / vegetarian (v)
please inform your waiter if you have any food allergies | we support local, sustainable and organic producers
a 15% discretionary service charge will be added to your bill



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FRESH JUICES

- ✦ orange juice £6
- ✦ grapefruit juice £6
- ✦ coconut water £5

SMOOTHIES

- ✦ orange • apple • banana • avocado • ginger • tumeric £8
- ✦ strawberry • blueberry • coconut milk • lime £8

COLD PRESSED JUICES

- ✦ beetroot • ginger • apple • lemon £7
- ✦ kale • cucumber • spinach • celery • romaine • ginger £7

COFFEE + TEA

- ✦ teas & infusions £5.50

*earl grey, jasmine, green tea, oolong, English breakfast,
red berry hibiscus, lapsang souchong, chamomile, fresh mint, lemon, ginger*

coffee £4

espresso, macchiato, americano, cappuccino or coffee of choice

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We use fresh, seasonal ingredients, and support local, sustainable and organic producers
Our menus are subject to change according to seasonality and availability of fresh produce



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